



Warren Road Primary School

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Healthy Snacks and Birthday Treats

We are a Healthy School and our mission is to support parents in developing children's healthy habits that they will take into adulthood.

Allergens

We are a Nut and Sesame Seed free school. Please be extra vigilant that these ingredients are not in any items sent into school.

Packed Lunches

As part of our Healthy School status we help children make better lunchtime and snack choices. We will be looking out for and rewarding healthy choices. If you are in need of inspiration, there are a number of ideas for Healthy Packed Lunch choices on the website. If you have any Healthy Packed Lunch ideas that you are willing to share with other parents, please email them to me via the school office.

Playtime Snacks

KS2 playtime snacks should be fresh fruit and vegetables only. KS1 are provided with these as part of the government free fruit scheme.

Birthday treats

In order to stay in line with our Healthy Schools status and to support our families who have food allergies or intolerances, **birthday sweets/cakes will no longer be allowed.** If your child still wants to celebrate their birthday by treating classmates, we ask that you consider some other ideas which are not food related.

For example: you may want to give a book to the class for the reading area. Your child could write a message for the class in the front. Or maybe a pack of felt pens, pencils, a board game, a colouring book. The class would love to share these things and it may even be cheaper for you too! Many parents have already started doing this and it has been really well received by the children and staff. If you have any other great ideas please let me know so I can share them.

Please note that all policies including the Food Policy can be found on the school website. Should you have any further questions or ideas please do contact me via the school office.

Miss J Waterman

Deputy Head

Warren Road is committed to safeguarding all children.
Please advise the school if you have any special access requirements.